

Now available through **Tremont School of Ju Jutsu, Judo & Karate!**
Isotonix® Adult MultiTech™ Vitamins

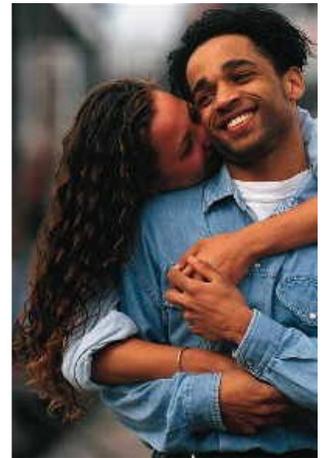


Primary Benefits:

- **Supports a healthy immune system**
- **Contains 100 percent or more of the recommended daily value of essential vitamins and most minerals**
- **Promotes the conversion of food into energy**
- **Supports a healthy cardiovascular system**
- **Supports strong bones**
- **Promotes skin health**
- **May promote mental clarity**
- **Helps maintain normal blood pressure**
- **Supports a healthy thyroid**
- **Promotes normal healing**
- **Helps maintain normal metabolic functioning**
- **Supplements deficiencies in diet**
- **Promotes healthy growth and repair of tissue**
- **Helps maintains water and electrolyte balance in the body**

What Makes This Product Unique?

A good quality multivitamin and mineral supplement creates a sound micronutrient foundation to accompany the human diet. According to the World Health Organization (WHO), "Nutrition is the foundation for health and development. Better nutrition means stronger immune systems, less illness and better health. Healthy children learn better. Healthy people are stronger, are more productive and more able to create opportunities to gradually break the cycles of both poverty and hunger in a sustainable way. Better nutrition is a prime entry point to ending poverty and a milestone to achieving better quality of life." The typical American diet is over-processed, destroying many of the vitamins and minerals necessary for promoting overall health. Vitamins and minerals are important to support a healthy immune system, promote the conversion of food into energy, support a healthy cardiovascular system, support strong bones, promote mental clarity, to maintain normal metabolic functioning, promote healthy growth and repair of tissues, help maintain normal blood pressure and help maintain water and electrolyte balance in the body. There is no substitute for a healthy, well-balanced diet; however, in today's fast-paced lifestyles it is important to ensure the body is getting the fuel it needs.*



Isotonix® MultiTech™ is an isotonic-capable food supplement containing 100 percent or more of the daily value of essential vitamins and most minerals. There are wide varieties of multivitamin and mineral supplements on the market today. Only Isotonix MultiTech contains a unique blend of complimentary vitamins and minerals providing a sound micronutrient foundation in a superior nutrient delivery system. Isotonix MultiTech supplements dietary deficiencies, and helps maintain normal metabolic functioning. MultiTech is perfect for athletes, growing adults and pre-menopausal women. Isotonix MultiTech is available with and without Iron for differing nutritional needs.*

Isotonic, which means "same pressure," bears the same chemical resemblance of the body's blood, plasma and tears. All fluids in the body have a certain concentration, referred to as osmotic pressure. The body's common osmotic pressure, which is isotonic, allows a consistent maintenance of body tissues. In order for a substance to be absorbed and used in the body's metabolism, it must be transported in an isotonic state.

Isotonix® dietary supplements are delivered in an isotonic solution. This means that the body has less work to do to in obtaining maximum absorption. The isotonic state of the suspension allows nutrients to pass directly into the small intestine and be rapidly absorbed into the bloodstream. With Isotonix products, little nutritive value is lost, making the absorption of nutrients highly efficient while delivering maximum results.

Frequently Asked Questions:

Why are phytonutrients important?

Recent discoveries have shown that plant-based foods contain a variety of vital compounds in addition to vitamins and minerals that have the potential to boost human health. Phytonutrients are plant extracts that have been found to play an important role in helping the body help itself. It has been established that phytonutrients reduce oxidation, counteract environmental pollutants, and supports a healthy heart. Research has also shown that they naturally help boost the immune system.

What types of phytonutrients are included in Isotonix Might-A-Mins?

Isotonix Might-A-Mins includes a proprietary blend of phytonutrients which include extracts from apples, broccoli, carrots, cranberries, grapes, kiwi fruit, lemon, limes, oranges, peaches, pineapples, raspberries, spinach, strawberries and tomatoes.

What is the advantage to taking probiotics?

Isotonix Might-A-Mins contains lactobacillus sporogenes, which can help to re-colonize the intestinal tract with naturally occurring good bacteria, resulting in better digestion, an ideal pH balance and ongoing colon health.

Why is an Isotonix formula better than a standard children's multivitamin?

Isotonix formulas are more effective than standard children's multivitamin formulas because they offer the best way to get the maximum delivery of vitamins and minerals into the bloodstream. Isotonix formulas are also the fastest and most effective way to receive multivitamins. The stomach has very little work to do because the pH and tonicity are carefully designed to allow the stomach to quickly release all the nutrients into the small intestine. With the Isotonix Might-A-Mins formula, this process takes about five minutes, where a standard vitamin tablet can take up to four hours.

Does Isotonix Might-A-Mins contain artificial ingredients?

Isotonix Might-A-Mins does not contain any artificial sweeteners, such as saccharin or aspartame. Like all other Isotonix products, there are also no artificial preservatives or colors.

Do kids like the taste of Isotonix Might-A-Mins?

Fructose and glucose are used in Isotonix Might-A-Mins, which are both naturally occurring sugars. The sugars are also blended with a delicious, natural Mandarin orange flavor. The vitamins come in a fun, fast and easy-to-prepare powder, which will make you kids look forward to taking their vitamins everyday.

Why do children need to take a multivitamin?

Everyone needs vitamins and minerals, because they help release energy from our food and help build muscle, bone, blood and other vital tissue. Children need vitamins and minerals to maintain good health and normal growth. It is important to ensure that children receive all the vitamins and minerals they need every day, especially during their growing years. The body does not store all essential vitamins and minerals, therefore some need to be supplied on a regular basis through the use of a multivitamin.

Is there a specific time of day that is recommended for taking a multivitamin?

In general, any time of day is fine for taking a multivitamin. However it is good practice to take it at the same time each day to develop a routine.

What are common vitamins and minerals that kids don't get enough of through their diets?

Calcium, Zinc and vitamins A, C and E, are some common vitamins and minerals that children generally don't get enough of. Calcium is needed to form growing bones and a proper calcium intake beginning at childhood can help maintain normal bone mass later in life. Zinc is a vital nutrient for proper growth and development. Vitamins A, C and E are also important vitamins during childhood and throughout life.